Antioxidant and anticancer activity of *Artemisia princeps var. orientalis* extract in HepG2 and Hep3B hepatocellular carcinoma cells

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Objective: The aim of the present study was to investigate antioxidant and the anticancerigen activity of a methanol extract from *Artemisia princeps var. orientalis* (APME), a well-known traditional herbal medicine in Asia, in hepatocellular cancer cells.

Methods: To evaluate the antioxidant activity of APME, reactive oxygen species (ROS) and the antioxidant enzymes, superoxide dismutase (SOD) and catalase were investigated in HepG2 cells exposed to APME (5, 100, and 200 µg/mL) for 72 h. Then, to evaluate the anticancer activity of APME, we investigated the proliferation and apoptosis induction of HepG2 and Hep3B cells exposed to APME (1-200 µg/mL) for 24, 48, and 72 h.

Results: APME dose-dependently reduced the generation of ROS in the presence of H_2O_2 compared with control cells. Furthermore, it increased catalase and SOD activity. Moreover, APME inhibited cell proliferation in a dose- and time-dependent manner, but at concentrations lower than 100 µg/mL, the inhibition was less dose-dependent than time-dependent. HepG2 and Hep3B cells exposed to 5, 100, and 200 µg/mL APME for 72 h underwent cell cycle arrest and apoptosis. Exposure to APME resulted in a significant increase in the number of cells in G1 phase and a decrease in the G2/M phase cell population. In addition, APME induced P53 expression of HepG2 cells in a dose-dependent manner, and played a role in the downregulation of Bcl-2 and upregulation of Bax in both HepG2 and Hep3B cells.

Conclusions: These results indicate the potential role of APME as an antioxidant and anticancerigen agent in hepatocarcinoma cell lines.

Keywords: Artemisia princeps var. orientalis; antioxidant; anticancer; hepatocellular carcinoma



Submitted Jun 05, 2012. Accepted for publication Dec 03, 2012. doi: 10.3978/j.issn.1000-9604.2013.10.02 Scan to your mobile device or view this article at: http://www.thecjcr.org/article/view/2828/3702

Introduction

An imbalance of oxidative stress could cause a condition in which cellular antioxidant defenses are insufficient to maintain the levels of oxidants below a risk threshold. An accumulation of reactive oxygen species (ROS) such as superoxide (O_2 ·⁻, OOH·), hydroxyl (OH·), and peroxyl (ROOH·) radicals, reactive nitrogen species (RNS), and sulfur-centered radicals, can cause chronic diseases such as cancer, diabetes, and cardiovascular conditions. It has recently been suggested that antioxidative molecules, which are widely distributed in most of the plants, could be very beneficial to human health in many ways. Plant antioxidants limit oxidative stress by scavenging free radicals, inhibiting oxidation, and activating enzymes of the antioxidant defense system. Therefore, increased consumption of herb plants, which might play important roles in the prevention of oxidative stress associated disorders and the maintenance of good health, has been

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recommended.

Artemisia princeps var: orientalis belongs to the Asteraceae family of plants, which consists of more than 500 species that are widely distributed.

Bioactive constituents of *Artemisia* spp. have been investigated in several studies, and some of them, such as terpenoids, flavonoids, coumarins, glycosides, sterols, and polyacetylenes, have been isolated from *A. princeps* (1-3). Previous studies have shown that these bioactive constituents have antimalarial, antiviral, antioxidant, and anticancer effects (4,5).

Although many people have broad experience in using traditional plant-derived product (drugs and supplements) for their health, the molecular mechanisms underlying the effects of *A. princeps var. orientalis* have not been studied. Although *A. princeps var. orientalis* may have great possibilities based on its use in home remedies, few studies have been reported (6). In the present study, we evaluated the antioxidant and anticancer activity of *Artemisia princeps* in human hepatoma HepG2 and Hep3B cells.

Materials and methods

Cells cultures and preparation of plant methanol extract

Hepatocellular cancer HepG2 and Hep3B cells were purchased from the Korean Cell Line Bank (KCLB, Korea) and routinely maintained in minimum essential medium [MEM, Invitrogen (Molecular Probes), Gibco, CA, USA], supplemented with 10% fetal bovine serum (FBS) and antibiotics (50 U/mL penicillin and 50 µg/mL streptomycin, Gibco) at 37 °C in a humidified atmosphere containing 5% CO₂.

Methanol extract of *A. princeps var. orientalis* (APME) was supplied by Herbarium of the Korea Research Institute of Bioscience & Biotechnology (KRIBB). Taxonomical identification was confirmed by a botanist and voucher specimen (KRIB0000159) stored at the KRIBB Herbarium. APME was diluted in dimethyl sulfoxide (DMSO) to 10 mg/mL just before use.

Determination of antioxidant activity

To evaluate the antioxidant activity of APME, ROS and antioxidant enzymes, superoxide dismutase (SOD) and catalase were investigated in HepG2 cells exposed to APME (5, 100, and 200 μ g/mL) for 24, 48, and 72 h. Cells were lysed by sonication and then centrifuged at 10,000 g for 30 min at 4 °C. The supernatant was used to determine the

enzyme activity.

Detection of ROS

Production of intracellular ROS was measured by the fluorescence dyes, dichlorodihydro-fluorescein diacetate (H₂DCFDA) and dihydrorhodamine 123 (DHR123, Molecular Probes, Eugene, OR). H₂DCFDA is rapidly oxidized to the highly fluorescent dichlorofluorescein (DCF) and DHR123 is oxidized intracellularly to form the fluorescent compound rhodamine 123 (RH123) in the presence of ROS. Following the treatment of hydrogen peroxide (H₂O₂), cells were incubated with H₂DCFDA or DHR123 in the absence or presence of up to 200 µg/mL APME. Fluorescence was determined at excitation wavelength of 529 nm/536 nm and emission wavelength of 503 nm/500 nm for H₂DCFDA or DHR123, respectively, on a spectrofluorometer (Molecular devices, spectra max geminiXS, CA, USA).

Enzymes activities

The catalase activity was assayed by the method of Aebi (7). Briefly, a 20 µL sample was added to 480 µL of 10 mmol/L H₂O₂ in 20 mmol/L potassium phosphate buffer (pH 7.0) and incubated at 25 °C for 1.5 min. Initial reaction rate was measured from the decrease in absorbance at 240 nm. The catalase activity was calculated as nmol of H2O2 decomposed/ (min·mg protein). SOD activity was assayed according to the pyrogallol autoxidation method of Marklund and Marklund (8). Briefly, a 250 µL sample was added to 750 µL reaction solution [50 mmol/L Tris buffer, pH 8.2, containing 1 mmol/L diethylenetriaminepentaacetic acid (DTPA), 10 µmol/L catalase and 200 µmol/L pyrogallol]. The change in absorbance at 420 nm was measured at 25 °C every 30 s for 5 min. SOD activity was defined as the quantity of enzyme that inhibited auto-oxidation of pyrogallol by 50% under experimental conditions. Protein concentration was determined by Bradford protein assay kit II (Bio-rad, Laboratories, CA, USA).

Determination of anticancerigen activity in hepatocarcinoma cells

Antiproliferative avtivity was investigated in HepG2 and Hep3B cells exposed to APME at a range of 5-200 µg/mL for 24, 48, and 72 h. Then, cell cycle distribution and apoptosis induction were also observed in these cell lines.

Antiproliferative activity

Cell proliferation was determined using the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay. HepG2 and Hep3B cells were plated at a density of $(2.5-5) \times 10^5$ cells/well in 96-well tissue culture plate (Corning, NY, USA), and incubated at 37 °C for 24 h. Plated cells were treated with APME ranging from 5 to 200 µg/mL. After incubation for 24, 48, and 72 h, plated cells were incubated with MTT (Sigma-Aldrich Co., LLC., CA, USA, 0.5 mg/mL final concentration) for 4 h at 37 °C. After discarding the medium from the plates, 100 µL of DMSO was added to each well. The plates were placed for 5 min at room temperature with shaking, so that complete dissolution of formazan was achieved. The absorbance of the MTT formazan was determined at 540 nm by a UV/VIS spectrophotometric plate reader (Emax; MolecularDevices). The IC_{50} value, the concentration of the extract required to inhibit cancer cell growth by 50% of the control level, was estimated from the plot.

Cell cycle distribution

Cells were then harvested, washed with cold PBS, and processed for cell cycle analysis. Briefly, the cells were fixed in absolute ethanol and stored at –20 °C for later analysis. The fixed cells were centrifuged at 1,000 r/min and washed with cold PBS twice. RNase A (20 µg/mL final concentration) and propidium iodide staining solution (50 µg/mL final concentration) were added to the cells and incubated for 30 min at 37 °C in the dark. The cells were analyzed by a FACS Calibur instrument (BD Biosciences, San Jose, CA, USA) equipped with CellQuest 3.3 software. ModFit LT 3.1 trial cell cycle analysis software was used to determine the percentage of cells in the different phases of the cell cycle.

Apoptotic features

Apoptotic features of HepG2 and Hep3B cells exposed to APME were observed using a Nikon inverse phase contrast microscope (Nikon TMS, Nikon, Japan) equipped with an objective (Plan 10/0.30DL/Ph1, Nikon) of $\times 100$ magnification.

P53, Bcl-2 and Bax expression

Protein expression was determined by Western blotting. Briefly, cells were lysed in RIPA buffer (1% NP-40,

150 mmol/L NaCl, 0.05% DOC, 1% SDS, 50 mmol/L Tris, pH 7.5) containing protease inhibitor for 1 h at 4 °C. The supernatant was separated by centrifugation, and protein concentration was determined by Bradford protein assay kit II (Bio-rad Laboratories, CA, USA). For detection of cytochrome c release, cytosolic fraction was sedimented from post-nuclear supernatant by centrifugation at 100,000 g for 30 min at 4 °C. Proteins (25 µg/well) denatured with sample buffer were separated by 10% SDS-polyacrylamide gel (Bio-rad Laboratories, CA, USA). Proteins were transferred onto nitrocellulose membranes (0.45 µm). The membranes were blocked with 1% bovine serum albumin (BSA) solution for 1.5 h and washed twice with PBS containing 0.2% Tween-20, and incubated with the respective primary antibodies P53, Bcl-2, Bax, and β-actin (Cell Signaling Technology, Inc., Danvers, CA, USA) overnight at 4 °C. The next day, the immunoreaction was continued with the secondary goat anti-rabbit horseradishperoxidase-conjugated antibody (Santa Cruz Biotechnology, Inc., CA, USA) after washing for 2 h at room temperature. The specific protein bands were detected by Opti-4CN Substrate kit (Bio-rad Laboratories, CA, USA).

Statistical analyses

All of the experiments were repeated four times. The data are presented as the $\bar{x}\pm s$ (n=4-7). The ROS scavenging and antiproliferative activity data are expressed as percentage compared with vehicle-treated control cells, which were arbitrarily assigned 100%. Data were analyzed by one-way analysis of variance followed by Dunnett's multiple comparison tests (SigmaStat, Jandel, San Rafael, CA, USA). For all comparisons, differences were considered statistically significant at P<0.05.

Results

Antioxidant activity of APME

To investigate the antioxidant activity of APME *in vitro*, the HepG2 cell line, which was derived from a hepatocellular carcinoma, was used because it retains many of the characteristics of normal hepatocytes including phase I, phase II, and the expression of antioxidant enzymes (9-11).

APME showed a ROS scavenging ability in HepG2 cells (*Figure 1*). ROS generation was significantly increased in HepG2 cells in the presence of H_2O_2 as compared with control levels (2.6- and 2.0-fold for DHR123 and

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Figure 1 ROS scavenging activity of APME. HepG2 cells were exposed to APME (5, 100 and 200 µg/mL) for 72 h. (A) To investigate the ability of APME to scavenge ROS, cells were treated with 250 mmol/L H_2O_2 for 30 min; (B) ROS generation was determined by H_2DCFH and DHR123 in cells exposed to APME alone. All data are reported as the percentage change in comparison with the vehicle-treated group (APME concentration = "0"). *, P<0.05, significantly different from the vehicle-only group.



Figure 2 Activation of catalase and SOD activity by APME. HepG2 cells were exposed to APME (5, 100 and 200 μ g/mL) for 72 h. *, P<0.05, significantly different from the vehicle-treated group.

 H_2DCFDA , respectively, *Figure 1A*). At a concentration of 200 µg/mL, APME reduced the generation of ROS compared with the control group (by 53.7% and 49.4% for DHR123 and H₂DCFDA, respectively). Additionally, APME scavenged ROS in all treatment groups in the absence of H_2O_2 (10-15% decrease, *Figure 1B*), but the difference was not statistically significant.

APME significantly increased the activity of antioxidant enzymes SOD and catalase at higher concentrations (*Figure* 2). APME increased catalase activity by 18.0% and 23.7% at concentrations of 100 and 200 μ g/mL, respectively, compared with control levels. Total SOD activity was increased by 21.7% in cells treated with 200 μ g/mL APME.

Anticancer activity of APME

The antiproliferative effect of APME in HepG2 and Hep3B cells exposed to various concentrations of APME (5, 10, 25, 50, 75, 100, 125, 150, and 200 µg/mL) for 24, 48, and 72 h was determined by MTT assay (*Figure 3*). APME reduced cell proliferation in a dose- and time-dependent manner (P<0.05). Inhibition increased significantly after 48 and 72 h in both HepG2 and Hep3B cells. HepG2 cells were more sensitive to APME treatment; a high concentration of APME (200 µg/mL) inhibited the proliferation of HepG2 and Hep3B cells by 36.5% and 26.2%, respectively, compared with control levels.

Next, HepG2 and Hep3B cells were treated with 50, 150, and 200 µg/mL APME for 72 h and analyzed for DNA synthesis arrest by fluorescence activated cell sorting (FACS) analysis (*Figure 4*). APME induced cell cycle arrest





Figure 3 Antiproliferative activity of APME. HepG2 and Hep3B cell lines were exposed to APME (1-200 µg/mL) for 24, 48 and 72 h. All data are reported as the percentage change in comparison with the vehicle-treated group (APME concentration = "0").

at the G1/S and G2/M phases in both cell lines in a dosedependent manner. After exposure of HepG2 and Hep3B cells to a higher concentration of APME (200 µg/mL), the proportion of G1 phase cells increased by 28.9% and 14.6%, respectively, compared with control levels, and the proportion of G2/M phase cells decreased by 57.8% and 54.9%, respectively. APME also induced well-known apoptotic morphological features including membrane blebbing (*Figure 5A,B*).

Moreover, the exposure of HepG2 cells to APME (5-100 µmol/L) for 72 h induced P53 expression of HepG2 cells in a dose-dependent manner (*Figure 6A*). In addition, Bcl-2 decreased while Bax increased in both HepG2 and Hep3B cells after exposure to APME (*Figure 6A*,B).

Discussion

The antioxidant activities of natural herb plants were thoroughly investigated long ago. Also, their crucial effects on the pathophysiology associated with cancers have recently received special attention. Due to many epidemiological reports suggesting that high consumption of antioxidant-rich plants significantly reduces the risk of many cancers (12,13),

Figure 4 Cell cycle arrest by APME. HepG2 and Hep3B cell lines were exposed to APME (5, 100 and 200 µg/mL) for 72 h. Values are expressed as percentage of the cell population in G1, S and G1/ M phases of cell cycle. *, P<0.05, significantly different from the vehicle-only group.

consumption of food supplement prepared from natural plants, has been highly recommended. Although numerous *Artemisia* species are used in folk medicine and pharmacies, scientific evidence of their effects is needed.

In the present study, the potential of APME as an antioxidant and anticancerigen preparation was evaluated. APME dose-dependently reduced ROS generation in the presence of hydrogen peroxide in HepG2 cells. Oxidative stress leads to an increase of ROS levels and a decrease of the levels of antioxidant molecules and enzymes. Cellular oxidative stress has been implicated in the etiology and pathology of many diseases. Additionally, we have demonstrated that high concentration of APME increases catalase and SOD activity by more than 20%. Among the antioxidant defense systems, SOD is the first and most important line of enzymatic defence against oxidative stress, particularly oxygen radicals. SOD scavenges superoxide by converting it to peroxide. Peroxide, in turn, is destroyed by catalase, which is widely distributed in all animal tissues. SOD and catalase act in a mutually supportive way with antioxidant enzymes to protect against ROS. This finding is in agreement with the results of previous studies, which found that the antioxidant effects of Artemisia



Figure 5 Apoptotic feature. Apoptotic feature observed in HepG2 (A) and Hep3B (B) cell lines exposed to APME (5, 100 and 200 µg/mL) for 72 h.



Figure 6 Induction of P53, Bcl-2 and Bax expression by APME. HepG2 (A) and Hep3B (B) cell lines were exposed to APME (5, 100 and 200 µg/mL) for 72 h.

species include free radical scavenging and promotion of cellular defense activity (14,15). Thus, APME may act as

an antioxidant in HepG2 cells by scavenging ROS and stimulating catalase and SOD activity.

Unfortunately, our *in vitro* study did not include positive controls. However, we tested several classical antioxidant, such as Trolox (a derivative of α -tocopherol), in our preliminary study. When cells were exposed to 0.1-10 µmol/L Trolox in the presence of H₂O₂, Trolox scavenged significant amounts of ROS, even at 0.1 µmol/L (approximately 24% reduction to compare control levels). In the 10 µmol/L Trolox treatment, the ROS induction by H₂O₂ was nearly reduced to normal levels. Although APME had weak ROS scavenging activity compared with classical antioxidant Trolox, different functions of APME, such as its anticancer activity, may make up for this.

In both HepG2 (wild p53) and Hep3B (p53 null) cells, APME significantly inhibited cell proliferation in a doseand time-dependent manner, but at concentrations lower than 100 µg/mL, the inhibition was less dose-dependent than time-dependent.

The antiproliferative activity of APME was stronger in HepG2 cells, which express functional P53. Generally, HepG2 cells are highly susceptible to chemical agent and drugs, while Hep3B cells are more resistant because of p53deficiency (16,17). APME also increased P53 expression of HepG2 in a dose-dependent manner, and this is consistent with reports stating that *Artemisia* spp. showed induction of P53-mediated G1 phase arrest in A172 human neuroblastoma cells (18). However, APME decreased the Bcl-2 expression, while increasing Bax in both HepG2 and Hep3B cells. Members of the Bcl-2 family of proteins are critical regulators of the apoptotic pathway and include the major anti-apoptotic family members Bcl-2 and Bcl-X(L) and the major pro-apoptotic proteins Bax and Bak. Thus, the anticancer mechanism of APME may involve both P53dependent and -independent pathways. To further scrutinize these results, we analyzed the cell cycle distribution using FACS and observed features of apoptosis in HepG2 and Hep3B cells exposed to 5, 100, and 200 µg/mL APME for 72 h. Cell cycle arrest was not induced in cells exposed to low concentration of APME, but significant G1 and G2/M phase arrest was induced at higher APME concentrations (100 and 200 µg/mL). Cell cycle arrest plays a pivotal role in tumor progression. Many reports indicate that various phytochemicals induce cell cycle arrest in human cancer cells, and that Artemisia species inhibit the cell cycle at the G1 or G2/M phase in various types of human cancer cells (19-23). Thus, APME may act as an anticancer preparation in HepG2 and Hep3B cells by inhibiting cell growth and arresting the cell cycle.

The use of products from *Artemisia* species, as important medicines for human health, illustrates the health potential of natural plants. In the present study, APME showed significant antioxidant and anticancer activity in hepatocarcinoma cell lines.

Acknowledgements

This work was supported by Priority Research Centers Program through the National Research Foundation of Korea (NRF) funded by the Ministry of Education, Science and Technology (NRF-2009-0094017 and 2011-0017017). *Disclosure:* The authors declare no conflict of interest.

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j.issn.1000-9604.2013.10.02

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Cite this article as: Choi EJ, Kim GH. Antioxidant and anticancer activity of Artemisia princeps var. orientalis extract in HepG2 and Hep3B hepatomacellular carcinoma cells. Chin J Cancer Res 2013;25(5):536-543. doi: 10.3978/ Thunberg. Jpn J Cancer Res 2000;91:113-7.

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